



## STOCKHOLM TENS

### Practical instructions for the matches

#### Introduction

All of the rules, laws and practical instructions concerning the tournaments have been dealt with in detail in information in English on our homepage before the tournament and will also be handed out to the managers. It is your responsibility to know the rules and the laws. Teams, which fail to follow the rules, may lose individual matches by a walkover or may even be excluded from the tournament. With over 40 teams involved and few administrative resources, the organisers simply don't have time to repeatedly answer simple questions dealt with in the documentation. So read the document before you ask any questions. If everyone plays a part we will once again have only positive experiences of one of the highlights of the Swedish rugby season!

Here are some practical matters and laws you absolutely must know:

1. Make sure that your fifteen nominated players are reported to the tournament secretary at the admin tent at least **twenty minutes before your first match** on **each day**. So only once per day. It is important that you **check-in on day 2**.
2. Make sure the players are **prepared to go on the field** at least **a couple of minutes before the kick-off time**. Delays can mean that the match begins with a free kick to the opposition.
3. The **"home team"**, i.e. the team placed first in the playing schedule, **will always start on the side closest to the changing rooms** and **will always take the first kick-off**. The team captains should not greet each other or the referee in the centre of the pitch before the match but should begin the match in accordance with the instructions as soon as the referee gives the signal.
4. **When the game is over**, the players should **leave the pitch immediately**. The normal polite exchanges should take place off the pitch.
5. The programme allows **30 minutes for each match**. They take at least 22 minutes to complete. It is therefore very important that everyone involved keeps to these rules, otherwise there will be **gradual delays which disturb everyone**; players, referees, organisers and the spectators.
6. Players may be borrowed **following the strict instructions of law #3**. However this is not always followed by the teams. The **tournament management do not** have the resources to **monitor this** strictly. We would therefore like to clarify that if an opponent registers a complaint concerning illegal players and it is found to be just, **your team will automatically lose the game**. You will also automatically be placed last in your pool or be expelled completely. All changes to the team must be approved by the tournament management or they will be classed as illegal.

1. **Laws which differ from normal 15-a-side rugby**
  - (a) Always five players in the scrum formed as a tight five.
  - (b) Incorrect kick-offs give a free kick to the opponents.
  - (c) The scoring team restarts the game with a kick-off.
  - (d) All conversions (and penalty kicks at goal) must be drop-kicks.
  - (e) You do not have to line up behind the goal-line when the opponents take conversions.
  
2. We use **wristbands as player passes**. They must be worn at all times. In the unlikely event that a player loses his/her band during a game the player must go to the admin tent and receive a new one immediately after the game. Please instruct your players to fasten the bands as tightly as possible with comfort. The bands are handed out when the team arrives at the pitches or at the hotel.
  
3. You will receive two bands per player. **Red** bands for day one and **Blue** bands for day two. **If you do not have your wristband you must pay the entry fee!!!** Every team will receive 18 bands for each day (Old Boys 20).
  
4. There is plenty of free tap water on location. It is some of the best water in the world. Bring your own bottles.
  
5. Old Boys will play on Saturday only.
  
6. The Admin tent will move from the top entrance to the referees tents at 12.30 on the Sunday.
  
7. If teams wish to pitch their own tents this is only allowed in two places. On the hill nearest the club house or on the back pitches. If you wish to drink your own alcohol this is only permitted on the back pitches (Pitch 3 & 4). The hill is inside our perimeter and our license covers this area.

**Scheduling:**

On Day 1 - Saturday - we play from 10.00 – 18.30 and on Day 2 – Sunday – from 10.00 – 17.00.